# Flawed Situational Awareness: The stealth killer of first responders

Dr. Richard B. Gasaway Fire Chief (ret.) Situational Awareness Matters!

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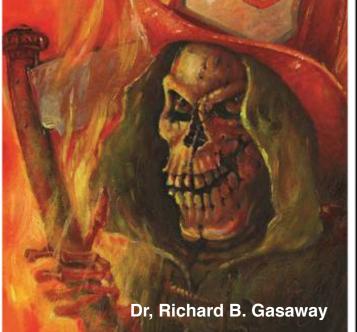
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#### 50 Ways to Kill a FIRST RESPONDER

Understanding the barriers that impact first responder situational awareness.



This program is available as a 3 part DVD series.

If you are interested in purchasing it:

Click the "store" link on the SAMatters.com website

#### Situational awareness

It is your ability to perceive AND understand what is happening in your environment (in context to how time is passing) and then, in turn, be able to accurately predict future events... in time to avoid bad outcomes

#### The Situational Awareness Development Process

### Perception

Using the senses to capture information... (clues and cues) about the current situation

- Pay attention...
- Keep your head on a swivel...
- Look up, down, and all around...
- Actively listening...
- Size-up
- "What's happening right now?"

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The Situational Awareness Development Process

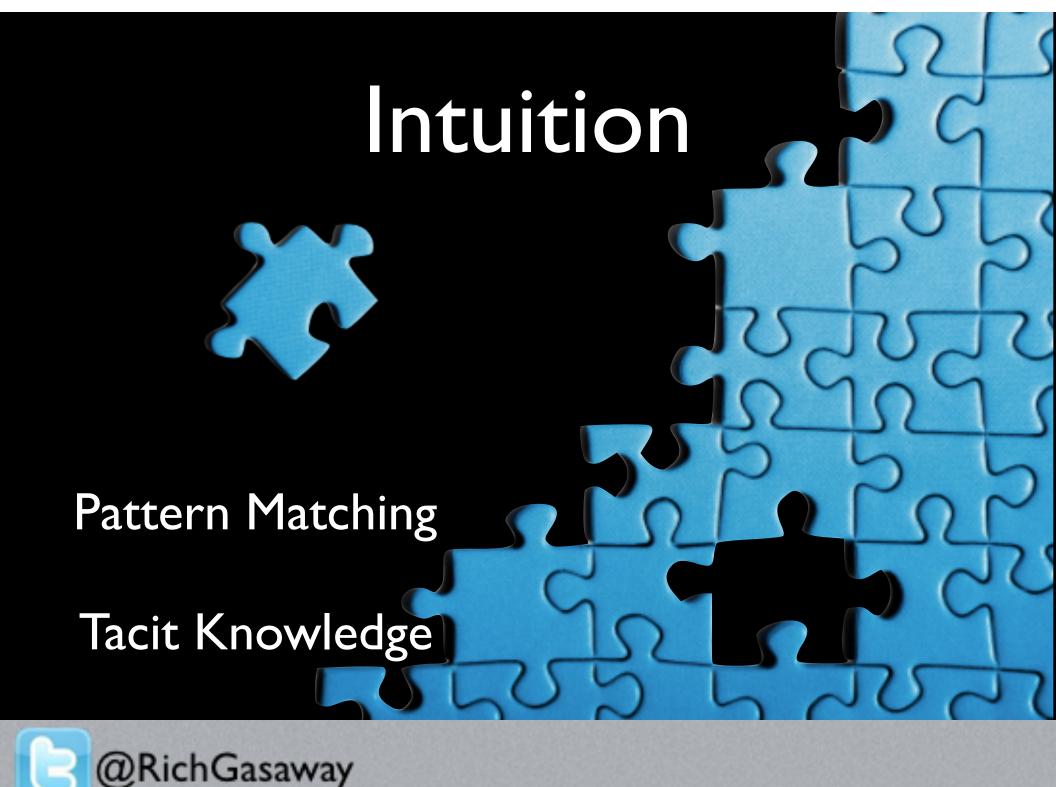
## Understanding

#### Making sense out of what is: Seen, heard, felt, tasted & smelled

Comprehension

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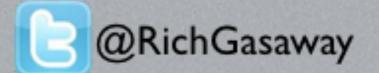
- Moment of clarity
- "What does all this mean?"
- "Is this what I expected?"



## There are 5 problems with intuition:

- It is hard to understand the origin of intuition.
- It is easy to dismiss or distrust intuition.
- It is easy to overlook the value & misunderstand the context of the warning.
- It is hard to justify decisions without facts & data.

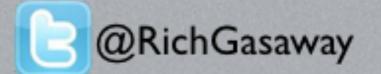
Intuition can be wrong.



### Prediction

#### Anticipating future events before they happen.

- Run options in your head
  - -Forecasting
  - Projections
- Where is this event headed?
  - -How long is it going to take to get there?
  - -Every event unfolds at a certain pace (speed)
  - -Keeping track of the passage of time.
- Setting Expectations
  - Can we change the outcome?



```
Sensory Processing
       +
Visual imagery
       +
    Intuition
       ╺╋╸
  Imagination
```

### **Situational Awareness Barriers**

### Anything that blocks:

- Perception
- Understanding
- Prediction

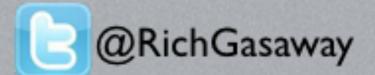
A 9-1-1 caller uses words to paint a picture of what is happening on the mind of the dispatcher. The first "awareness" a responder develops about the call comes from the dispatcher's words.

# **Pre-Arrival Lens**



Conduct an original size-up to to improve the accuracy of your situational awareness.

Avoid making premature decisions based on assumed information.



# **Confirmation Bias**

# Task Fixation

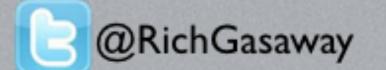


The bad news is: It is extremely common.

> The good news is: You can control it.

Meta-awareness.

Mindfulness.



Stress-Induced Narrowing of Sensory Input (Tunnel Vision)

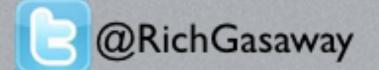


### The good news is: It's a rare phenomenon.

### The bad news is: Once it happens, you cannot control it.

Breathing technique.

Stress inoculation.



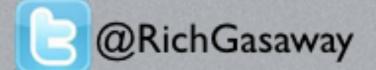
# Multitasking



### As you alternate attention, understand information can be lost.

Write things down.

### Sensory domination dulls other senses.



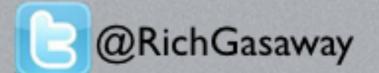
# Mission Myopia



The bad news is: This is taught and reinforced in our training and our culture.

The good news is: Behavior can be changed through teaching, coaching, practice and mentoring.

Teach the process of decision making.



What are the two primary ways firefighters die at residential dwelling fires?

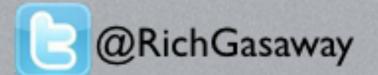
# Change Blindness

# Urgency



Avoid taking shortcuts, especially those related to SA and decision making.

Avoid getting caught in the mindset: "There's no time to waste!"

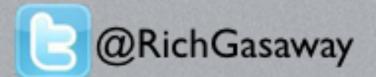


# **Time Distortion**



Keep track of the passage of time.

Elapsed time notifications: The faster the incident conditions are changing, the shorter the timeframe for ETNs.



## **Over Confidence**

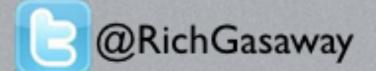
Complacency



### Avoid "created" risk.

Don't celebrate your near-miss events.

Don't let your guard down... EVER!



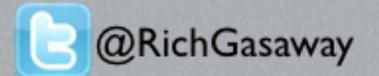
## Automatic Performance (robotic action)



### In training, ask: Is this realistic?

### Teach situational awareness. Teach decision making.

Teach responders how to: Think... Then Decide... Then Act.



#### Subconscious Programming

#### Routine tasks

#### Mind Drift

#### Fear

Failure Consequence Embarrassment Ridicule

#### Peer Pressure

# Supervisor Pressure

## Media Expectations

## **Political Expectations**

# Self Expectations

### Culture

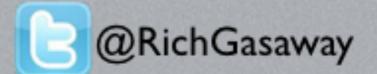
## Short-Term Memory Overload

#### Confabulation



Be aware that in the absence of facts, or if you cannot remember the facts, your brain can make up its own reality.

> Be alert for differing "Perceptions of reality."



## **Communications Issues**

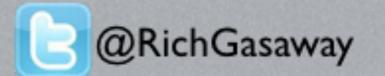
# Auditory Exclusion

#### CONSIDER THIS

Determine what radio traffic is: Critical, essential, non-essential.

Use standardized terms & phrases.

Use a cadence.



### Motion-Induced Blindness

# Hallucinations

#### and

#### **Reverse Hallucinations**

#### Flawed Perceptions of Reality

#### Lack of Shared Mental Models

### Flawed Outcome Expectations

#### Hindsight Bias

#### Barriers can steal away your Situational Awareness

And there are more than 100 of them!

#### Situational Awareness:

The foundation for good decision making.

#### Situational awareness

It is your ability to perceive AND understand what is happening in your environment (in context to how time is passing) and then, in turn, be able to accurately predict future events... in time to avoid bad outcomes

If you want to learn more...

Join the SA Matters community.

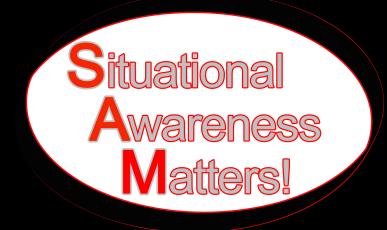
And receive a special report:

#### 25 Situational Awareness Best Practices



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#### Helping you see the bad things coming... in time to change the outcome.

If I can help you in any way, please contact me:

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