## Training for Failure:

Understanding why the way first responders are trained must change.

#### Dr. Richard B. Gasaway Chief Scientist Public Safety Laboratory Where brain science meets public safety

Situational Awareness Matters

www.SAMatters.com

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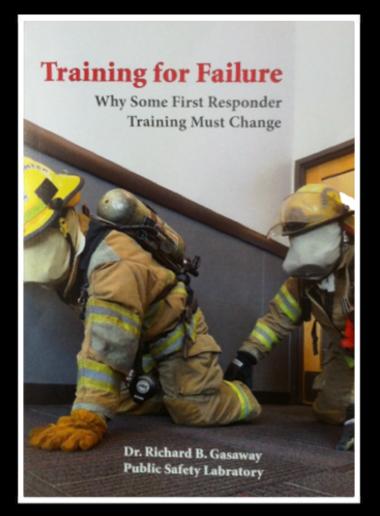


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This program is available as a 3 part DVD series.

If you are interested in purchasing it:

Click the "store" link on the SAMatters.com website

## Root Cause Analysis

## Some first responders do some <u>really</u> DUMB things.

## Dumb:

Lacking intelligence;

Seemingly unable to reason through a situation;

Appearing to think or act irrationally.

Does it appear as though some first responders do dumb things under stress?

Are responders doing dumb things under stress... that result in casualties...

#### ON PURPOSE?

Is it possible that a responder could be accidentally dumb?

#### Unconscious Incompetence

#### A condition of being unaware of your own shortcomings. (Not knowing any better)

Training develops two types of memory.

#### How can you improve both memory and recall?

#### Repetition

## Memory Prompts (Improve cognitive recall)

ABCs... PQRST.... SAMPLE... RECEO-VS... LUNAR... CAN...

Drugs can also improve memory & recall.

## Norepinephrine

## Serotonin

## Dopamine

# Stress & Barbon & Bar

## Rehearsal

## Practice makes...

## Routines

## Conditioned Responses (A stimulus evokes a response.)

#### Stress induces automatic habitual performance.

#### Automatic Performance (robotic action)

#### Subconscious Programming

#### Acting...

#### Without Thinking.

## Muscles learn from muscle movement.

#### Vision trumps all other senses.

#### Mirror Neurons

Sleep well... Think well. The brain has a difficult time separating fiction from reality.

## Flashover

## Structural Collapse

### Situational Awareness

## Decision Making

### Thinking Firefighters

# OODA Loop

Go or No-Go

#### Hoseline selection

### Ventilation Drill

# Every building on fire is in the process of falling down.

#### The LP Gas Christmas Tree Drill

### The Patient Care Drill

### The Blind Search Drill

## The judging brain is not a learning brain.

If you want to learn more...

Join the SA Matters community.

And receive a special report:

#### 25 Situational Awareness Best Practices



Dr. Richard B. Gasaway

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#### Helping you see the bad things coming... in time to change the outcome.

If I can help you in any way, please contact me:

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