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SITUATIONAL AWARENESS MATTERS!

Situational Awareness and Decision making under stress



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If you are interested in hosting a program, please contact Dr. Gasaway at www.RichGasaway.com or

Welcome

The foundation for good decision making is situational awareness.

Situational awareness

Ability to perceive AND understand

what is happening around you

(in context to how time is passing)

and then, in turn, being able to accurately predict future events...

in time to avoid bad outcomes.



Perception

Using the senses to capture information... (clues and cues) about the current situation.

- I pay attention...
- I keep my head on a swivel...
- I look up, down, and all around...
- I actively listen…
- I size-up a problem first...

Best Practice

Focus on the 5-7 most critical pieces of information.



Visual	
Audible	
Smell	
Taste	
Sensation	

Sensory Integration



Understanding

Making sense out of what you: See, hear, feel, taste & smell



Comprehension

Moment of clarity

Best Practice

Ask yourself:

"What does this mean?"

Best Practice

Ask yourself:

"Is this what I expected?"



It seems so easy...

See... and understand.

Hear... and understand.

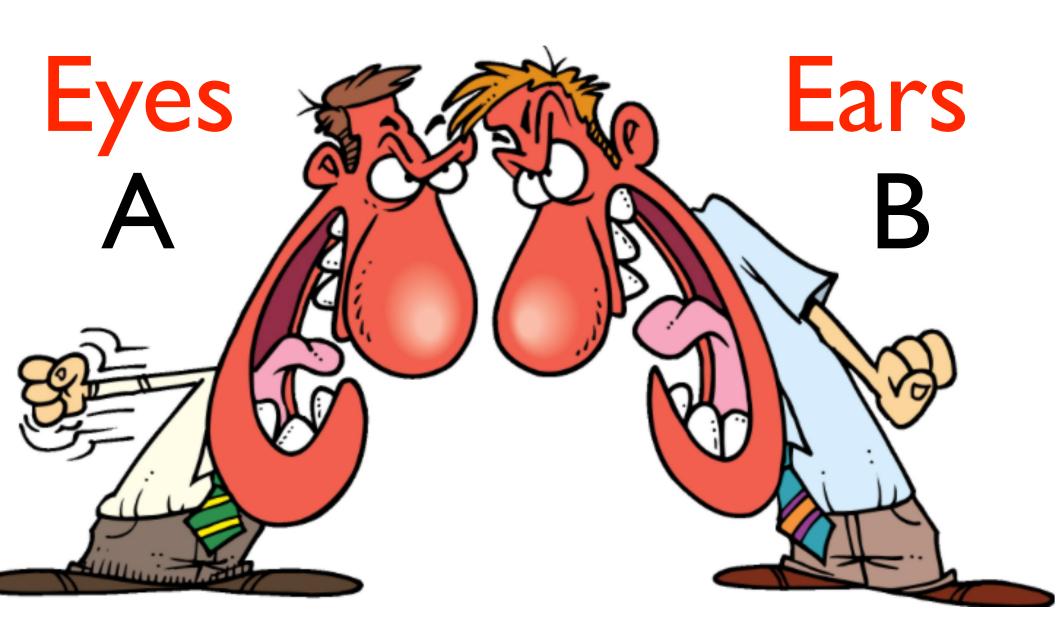
Situational Awareness Barriers

Anything that impacts your:

Perception Understanding Prediction

There are over 100 barriers that can impact your situational awareness.

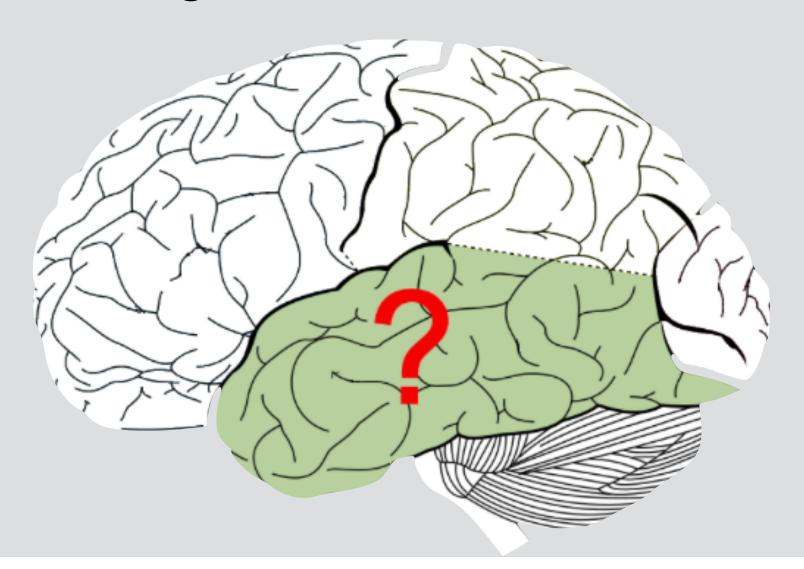
Sensory Conflict

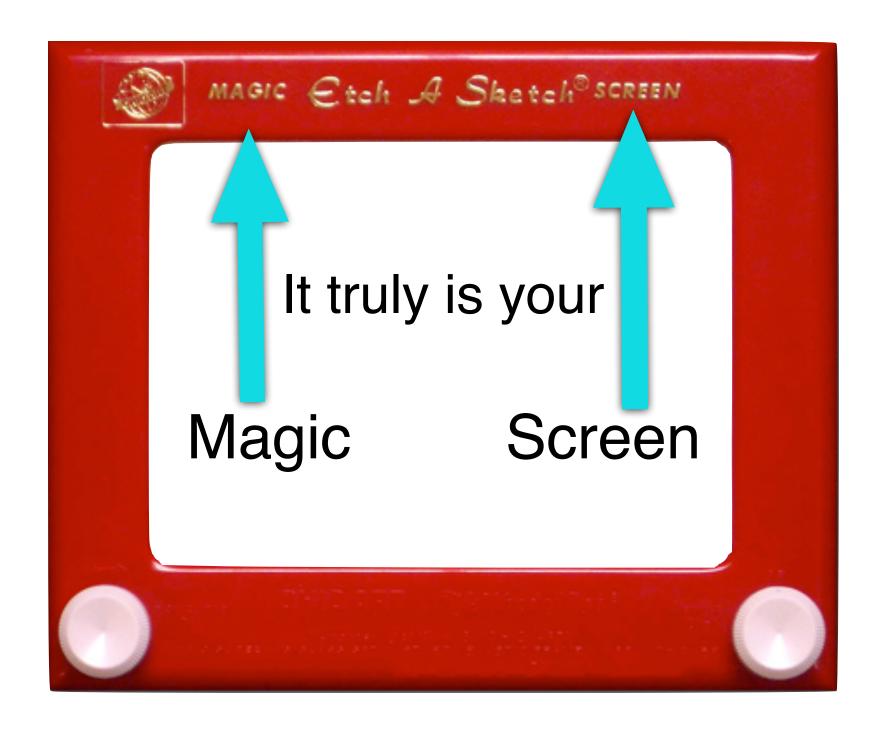


Mind Drift



Where in your brain does your puzzle of understanding get assembled?



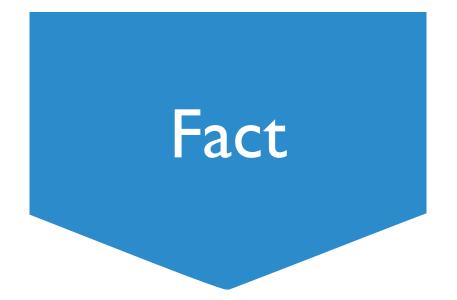






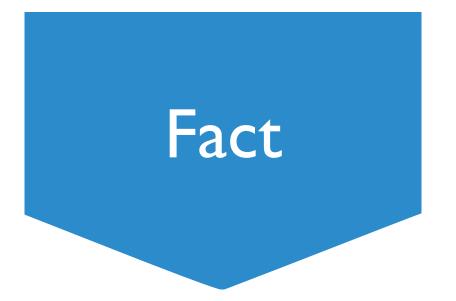
Memory Search





The capacity of long-term memory:

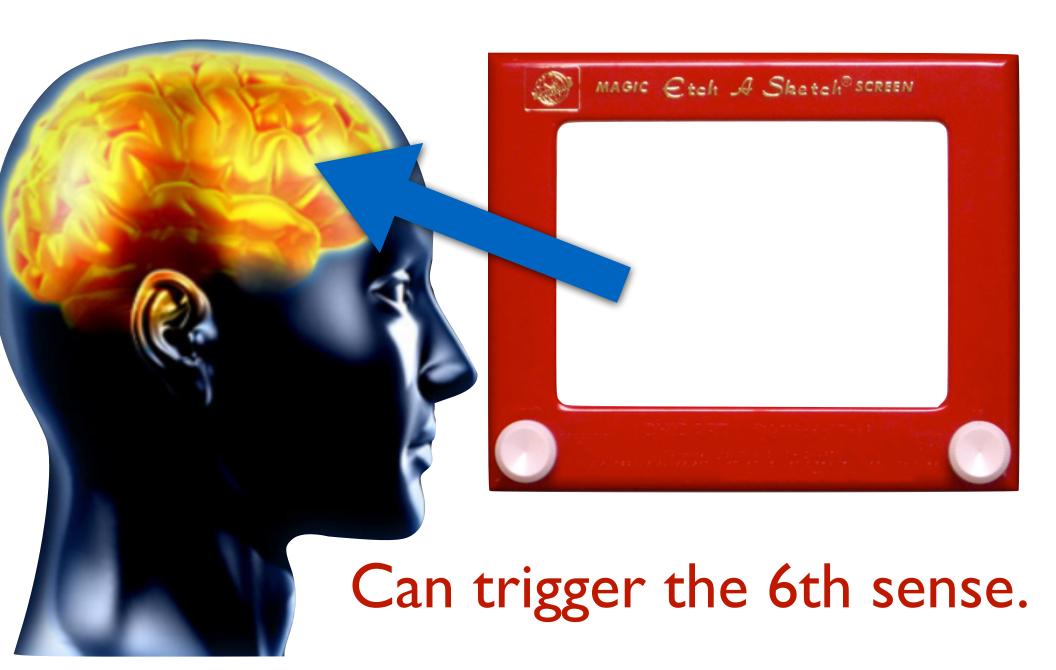
10x all the information on the Internet.



You can only consciously access:

5% of our long-term memory data base.

Memory Recall



Intuition Knowing...

Without knowing...

How you know.









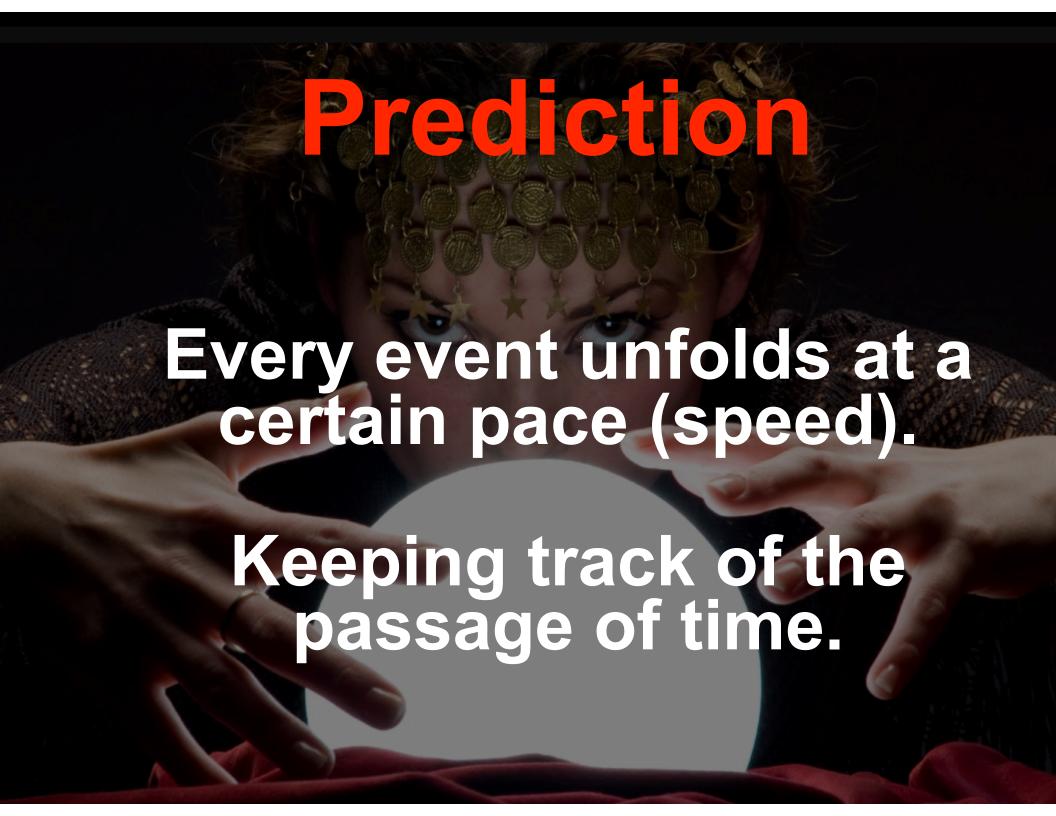
Begin with the end in mind.

Ask yourself:

What's going to happen if we do nothing but watch?

Ask yourself:

How long is it going to take for a bad outcome to occur?



The ability to perceive AND understand what is happening in your environment

(in context to how time is passing)

and then, in turn, be able to accurately predict future events... in time to avoid bad outcomes.



Ask yourself:

Can we change the outcome?

Ask yourself:

Are the conditions right?

Ask yourself:

Do we have the right resources?

Ask yourself:

How much time do we have?

Ask yourself:

Can we operate faster than conditions are changing?



MAGIC Etch & Sketch Screen



Your Mind's Eye



MAGIC Etch & Sketch SCREEN

Situational Awareness Development Process.



MAGIC Etch & Sketch SCREEN

Sensory inputs

Sight + sound + taste + smell + feel



Visual imagery

Pictures drawn on the mental sketch pad.



Memory Search

Explicit & Tacit Knowledge

Doom - Bliss - Nothing



Forecasting

Visualize outcomes prior to engagement.

Size-up the situation.

Figure out what the problem is before you throw around a solution.

Compare the current situation to past experiences.

Identify typical solutions.

Detect atypical problems and seek explanations for them.

Run mental options of decision choices in your head.

Make your decision and an action plan.

Monitor conditions and compare them to your expectations.

Repeat situational awareness process continually.

Handout

text samatters to 22828

You will also receive the SAMatters monthly newsletter.

SAMATTERS!

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Helping individuals and teams improve high-risk decision making.