Creating the THINKING first responder.

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This program based on the highly popular Training for Failure DVD.

If you are interested in purchasing it:

Click the “store” link on the SAMatters.com website
Training develops two types of memory.

Cognitive
- Thinking memory

Kinesthetic
- Movement memory
Drugs play a big role in thinking and movement memory.
Practice makes permanent.
Routines

Improve muscle memory

- Get out of bed
- Make coffee
- Drink coffee
- Take 'cat' nap
- Go to lunch
- Drink more coffee
- Head home!
- Switch to beer
Stress induces automatic habitual performance.
Automatic Performance (robotic action)
Subconscious Programming

Automatic actions that occur without conscious awareness.
Performing an undesirable action automatically... without conscious thought.

Acting... without thinking.
Physical performance of tasks are often based on...

Muscle memory.
An example of how training routines, stress & muscle memory can lead to acting without thinking.
ACCIDENTAL SHOOTING CAUGHT ON TAPE
My Confession
Examples of how some responders may be trained to act without thinking.
Let’s talk patient care.
Every responder should ensure a scene is safe prior to engaging in patient care.
What are the two most likely ways a firefighter will die while inside a residential dwelling fire?
Flashover

Collapse
Let’s talk flashover.
Prior to entry into a structure fire, every firefighter should have concern for a flashover on their mind.
Let's talk collapse.
Prior to entry into a structure fire, every firefighter should have concern for a collapse on their mind.
Let’s talk size-up...
Prior to entry into a structure fire, the first arriving officer should conduct a size-up.

The size-up becomes the foundation for situational awareness.
Let’s talk
Go or No-Go
The decision to go... or not to go... should be made by first-in officer or IC.
Let’s talk
Hoseline selection
The decision for hose line selection should be made by the officer leading the crew or the IC.
My first training fire...
Let’s talk vertical ventilation.
A fire example of acting without thinking.
Sounding the roof
Let’s talk victim search.
Size-up
Think
Decide
Act
It is possible to create...

THINKING first responders.

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